

Results of the VII International Forum of cardiology and internal medicine

The VII International Forum of cardiology and internal medicine was held in Moscow, in the Russian Academy of Science building, on 21–23 March 2018. Traditionally, it represents a major scientific and educational event which is organized with the support from the Ministry of Health of the Russian Federation, the Russian Academy of Sciences, the World Heart Federation, National medical research center for preventive medicine of the Ministry of Health of Russia and the cardiology development assistance foundation «Cardioprogress».

According to the Forum's results, about 1200 delegates took part in this event, including speakers from 67 Russian subjects and from foreign countries (USA, Turkey, Korea, Israel, Czech Republic, Belarus, Moldova, Uzbekistan, Kazakhstan, Kirgizia and Azerbaijan).

Leading experts in cardiology, cardiosurgery, neurology, pulmonology, endocrinology, as well as nephrologists, rheumatologists, gastroenterologists and general practitioners participated in the scientific program of the Forum. Particular attention was paid to the issues of preventive measures for the general population and to the cardiology assistance organization, to risk factors, intervention cardiology, surgical treatment, arrhythmias, rehabilitation, as well as to associated diseases which are constantly increasing in number, also due to population ageing and the improvement in chronic and acute situations management effectiveness. Symposia for military medical practitioners were also organized within the Forum's work.

Key statistics on the scientific program of the Forum:

—45 symposia, workshops, master classes, round tables and clinical seminars.

—214 speakers including 8 academicians, 3 corresponding members of RAS and 150 professors.

—5 joint symposia with representatives from near- and far-abroad countries

Also traditionally, within the scientific program of the Forum, two symposia of young scientists were held, where 16 speakers in the age younger than 35 from different cities of Russia and of CIS countries took part.

The Coordination Council of the Ministry of Health of the Russian Federation awarded the Forum 18 credit hours of continuing medical education.

The compendium of scientific materials included 450 abstracts by researchers from 11 countries of the world and from 52 cities of the Russian Federation. The represented scientific publications were dedicated to the study of various aspects of somatic diseases: arterial hypertension, lipid metabolism disorders, obesity/diabetes mellitus, arrhythmias, coronary heart disease, chronic heart failure, kidney diseases, gastrointestinal tract diseases and chronic obstructive pulmonary disease. The Forum materials are presented on the official website and in the supplement to the «Cardiovascular Therapy and Prevention» journal, which is included to the list of scientific journals recognized by the Higher Attestation Commission.

Detailed information about the forum, including the scientific program and the compendium of publications, is presented on the official website www.cardioprogress.ru.

The organizers hope that the participation of medical practitioners in the Forum would allow them to acquire and systematize new knowledge in the field of treatment and prevention of cardiovascular pathology and other internal organs disorders, which will increase the efficiency of their daily work.